



Kathy Toogood
Executive Coach, OD & Leadership Consultant, Facilitator

BA (Hons) Business Studies
MA in Coaching and Mentoring Practice

Business Experience

Kathy is a highly experienced, qualified and effective Corporate Executive Coach, Coach Supervisor, Trainer and Facilitator. Kathy has an intuitive understanding of how to leverage human potential and achieve transformational change, and she combines this with an enthusiastic and motivational approach. Much of Kathy's work in private and public sector organisations focuses on helping leaders build strengths that will enable them to achieve high performance for themselves and through their teams.

Drawing on her broad knowledge of leadership development she has successfully supported her clients with a range of developmental approaches, always ensuring that interventions improve individual effectiveness and capability and drive business results. Kathy designs, delivers and manages highly effective bespoke leadership development programmes using coaching as its base. She has expertise in supporting organisations to establish their own coaching and mentoring culture and is regularly engaged to train leaders wanting to apply effective coaching within their own teams, including offering ILM qualifications in Coaching and Mentoring and supporting organisations in setting up internal coaching and mentoring networks.

Kathy focuses on developmental, transformational and strengths focused coaching and in 2014 she co-authored 'The Strengths-focused Guide to Leadership' published by Pearson FT. Kathy is a qualified NLP master practitioner and is also trained to work with a range of other coaching approaches to suit the clients' needs. She specialises in supporting clients to develop an authentic leadership style that drives high performance, where the coaching goals often include building personal effectiveness and emotional intelligence, achieving and delivering results after promotions, dealing with personal and organisational change, working effectively with stakeholders, and developing personal confidence and self-efficacy.

Kathy was a client of Hunter Roberts and on leaving her last senior leadership corporate position joined Hunter Roberts as an associate.

Professional Qualifications

MA in Coaching and Mentoring Practice; BA (Hons) Business Studies; NLP Master Practitioner; Myers Briggs Practitioner Step 1 & 2; BPS Level A and B; SHL OPQ qualified user; Graduate of the Coaching Academy; Robbins Institute – Mastery University and Leadership Academy; Qualified to use ASSESS materials; Realise2 Strengths Practitioner (individual and team); Strengths Deployment Inventory, EQi Bar-On Emotional Quotient Inventory, (SDI) practitioner; Strengthscope practitioner (individual and team); Qualified Time to Think Facilitator and Coach, Heartmath Coach, Coaching Supervision course (Higher Professional Development) with Oxford Brookes University

Coaching Hours

Kathy has over 3,000 coaching hours and has worked internationally with coaching clients as well as in the UK. Kathy has regular coaching supervision carried out by a highly qualified coaching supervisor.

Clients

Abbott Diabetes Care, Abbott Laboratories; AbbVie; Accenture; Affinity Water; Barclays; Barnet, Enfield and Haringey Mental Health Trust; Birmingham City Council; BAA; British Airways; BMI Healthcare; Buckinghamshire Healthcare Trust; City, University of London; Coastal West Sussex CCG; Countrywide; East of England Ambulance Service Trust; EBRD; Farecla; French Chamber of Commerce; Government Office East Midlands; Hertfordshire Partnership Foundation Trust (NHS); HSBC; John Laing; Kellogg; Kingston University; Legal and General; Leicester City Council; Lloyds Pharmacy; Merck, Sharp and Dohme (MSD); Mill Hill School; Moët Hennessy; Mothercare UK; National Institute for Health Research (NIHR); National Health Service; Natural England; Norfolk and Suffolk Foundation Trust; NEW Devon CCG; Orange; Pfizer; Plymouth City Council; Premier Inn; Regent's University London; Screwfix Direct; Sir Richard Sutton Ltd; Spar; University of Gloucestershire; Veolia; The Wrigley Company/Mars