



Carmel Silverosa

Executive Coach, OD & Leadership Consultant, Facilitator

Fellow CIPD, MSc (Human Resource & Organisation Development)

NLP Master Practitioner, Coaching Diploma

Applying for PCC ICF Accreditation



Business Experience

Carmel is an Executive Coach and Training Consultant with over 20 years experience providing bespoke leadership development solutions and executive coaching. She developed her corporate career within the financial services industry where she held senior appointments and led teams in Training & Development, Graduate Recruitment and Organisational Change.

Carmel has a successful track record in coaching and developing leaders and teams across a wide range of sectors. She uses her business expertise and ability to build strong relationships to help clients identify how they can release their potential, change behaviours, improve performance and succeed in delivering business results.

Carmel's strengths lie in supporting and challenging leaders and teams to improve awareness of their own impact, explore issues and personal blocks, discover insights which provide clarity and direction, and help them develop the confidence and commitment to take action to transform the way they work and interact with others.

Carmel works with her clients to ensure they make transition into new roles by ensuring they have a clearer strategic focus and implement successful change initiatives. She helps develop their ability to deal with conflict and build a network of strong relationships across different areas of the business. She also challenges her clients to raise their personal profile and impact in their organisations by increasing their self-awareness, self-confidence and influencing ability.

In addition to providing executive coaching, Carmel designs training programmes to develop coaching skills for managers and in-house coaches.

Professional Qualifications

MSc Human Resource & Organisation Development, FCIPD Fellow of the Chartered Institute of Personnel and Development, NLP Master Practitioner, Coaching Diploma, applying for PCC ICF Accreditation, qualified user of a range of psychometric tools including: SDI®, Strengthscope®, MBTI, OPQ, DISC, NLP, 360 feedback tools and ability aptitude testing.

Coaching Hours

Carmel has over 3,000 coaching hours and has worked internationally with coaching clients as well as in the UK. Carmel has regular coaching supervision carried out by a highly qualified coaching supervisor.

Clients

Accenture, Advent International, 3i, Barclays Bank, BayernLB, British Airways, Care Management Group, Carebase Ltd, Costa Coffee, Deutsche Bank, Direct Line, D.S. Smith, Harvey Nichols, HR Treasury IET, Institute of Directors, KPMG, Law Society, L&G, Moelis & Co, National Australia Bank, Nestle, Prudential, Sumitomo Mitsui Trust Bank, Thomas Miller, Wellcome Trust, and Wincanton.